

Zone 5 inner

Section 20 : Hayes & Harlington to Northolt

Distance: 5.23 mi, 8.37 km

Introduction

This medium-length section is very straightforward, since it is almost entirely along the Grand Union Canal.

There is a pub in Northolt.

Directions

Leave Hayes & Harlington Station by the right-hand exit, and go down the steps.

Carry straight on along Station Approach, and join the main road at the mini-roundabout.

After crossing the canal, turn right and go down to the towpath.

Carry on with the canal on your right.

In due course you reach Bulls Bridge. Go over it and turn left onto the Paddington Branch.

Start counting down the bridges from 21a. Keep going for several miles.

When you reach bridge 16a, cross over the canal, and carry on along the footpath.

Cross the road, and go straight ahead along the right-hand edge of Belvue Park.

At the T junction at the top, turn left.

Turn right into the churchyard, and follow the path round to the left.

After crossing a stream, turn right.

Bear left onto Eastcote Lane.

Turn right along the main road.

Then take the leftmost of the two paths on the right.

Cross the next road by the pedestrian crossing, and bear left.

Northolt Station is straight ahead, on the other side of the main road.